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Selective opening of the blood-tumor barrier by intracarotid infusion of leukotriene C₄

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Intracarotid infusions of leukotriene C₄ (LTC₄) were used to selectively open the blood-tumor barrier in rats with RG-2 gliomas. Blood-brain and blood-tumor permeability was determined by quantitative autoradiography using ¹C aminoisobutyric acid. Leukotriene C₄ (4 μg total dose) infused into the carotid artery ipsilateral to the tumor increased twofold the unidirectional transfer constant for permeability within the tumor while no effect on permeability was seen in normal brain. No gamma glutamyl transpeptidase (γ-GTP) activity was seen in tumor capillaries in contrast to high γ-GTP in normal brain capillaries. These findings suggest that normal brain capillaries may resist the vasogenic effects of LTC₄, while LTC₄ will increase permeability in tumor capillaries. This could relate to the ability of γ-GTP to act as an enzymatic barrier and inactivate leukotrienes in normal brain capillaries. Intracarotid LTC₄ infusion may be a useful tool to selectively open the blood-tumor barrier for delivery of antineoplastic compounds.

Kgy Words · brain neoplasm · blood-brain barrier · glioma · leukotriene gamma glutamyt transpeptidase · rat

APILLARIES within primary brain tumors contain a blood-tumor barrier which impairs delivery of many antitumor moieties to tumor cells within the brain. 8.9,12 This inability to deliver antineoplastic compounds across the blood-tumor barrier has lead some workers to increase their focus on strategies to open this barrier. 10,12,14,16,20 One approach has utilized intracarotid infusions of mannitol to osmotically disrupt the tight junctions of brain endothelial cells in patients with brain tumors. 12.14.15.20 Neuwelt, et al., 13 have shown that osmotic barrier disruption can nonspecifically increase the delivery of chemotherapeutic compounds and monoclonal antibodies to the brain. Osmotic disruption of the blood-brain barrier (BBB), however, results in only a modest increase in drug levels within the actual tumor compared to the large increase in drug levels in normal brain.12 In effect, therefore, this technique increases the exposure of the normal brain parenchyma to the deleterious effects of the chemotherapeutic agents, while suboptimal drug levels may actually reach the tumor cells. In this paper, we describe an experimental method that circumvents this problem. This technique selectively opens the barrier within the tumor but leaves the BBB intact.

In previous studies, we demonstrated a significant

correlation between tissue levels of leukotriene C₄ (LTC₄) measured in brain tumors and the amount of vasogenic edema surrounding these tumors in man.⁵ This, combined with our observation that brain capillaries have high affinity binding sites for LTC₄.¹ led us to speculate that LTC₄ might modulate capillary permeability in brain tumors.³ Here we report on the ability of intracarotid infusions of LTC₄ to selectively open the tumor barrier in an experimental glial tumor, and we discuss both the biological and clinical implications of this observation.

Materials and Methods

Leukotriene C₄* was obtained at a concentration of 0.1 mg/ml in a 1:1 phosphate-buffered saline (PBS)-ethanol solution. Aliquots of LTC₄ were diluted to experimental concentrations in PBS and the final ethanol concentration was adjusted to 2.5%. Vials containing LTC₄ were scaled under nitrogen and stored at -80°C. Radiolabeled LTC₄ (14,15-³H(N)-LTC₄) (38.4 Ci/mmol) and alpha-(1-¹⁴C)-aminoisobutyric acid

^{*}LTC, obtained from Cayman Chemicals, Ann Arbot. Michigan.

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Blood-tumor barrier opening by LTC, infusion

(AIB) (50.0 mCI/mmol) were used for quantitative gudy.†

Intracarotid Infusion Experiments

The RG-2 glioma cell line was maintained in a monolayer culture in Dulbecco's minimum essential medium with 10% calf serum. Female Wistar rats, each weighing 100 to 150 gra, were anesthetized with intramuscular ketamine (50 mg/kg) and xylazine (0.8 mg/ kg). Glial tumors were implanted into the left hemisphere by intracerebral injections of 5 × 104 RG-2 glioma cells in 10 al of serum-free F10 medium. Thirgen days after turnor implantation, the rats were again mesthetized and a polyethylene (PE-10) catheter was inserted retrograde through the external carotid artery to the common carotid artery bifurcation ipsilateral to the tumor. The external carotid artery was then ligated. Both femoral arteries and one femoral vein were also cannulated.

Body temperature was maintained at 37°C and arterial blood gas levels, blood pressure, and hematocrit were monitored. Animals with abnormal physiological parameters were climinated from this study. Leukotriene C. (0.8 ml) at a concentration of 5 µg/ml or 0.8 ml of vehicle (2.5% ethanol in PBS, pH 7.1) was infused into the left carotid artery by means of a constant infusion pump at a rate of 53.3 µl/min for 15 minutes. Five minutes after the start of the intracaroud infusion. 100 µCi/kg of 14C-AIB was injected as an intravenous bolus. A peristaltic withdrawal pump was used to withdraw femoral arterial blood at a constant rate of 0.083 ml/min immediately after injection of 'C-AlB for dotermination of serum radioactivity. Fifteen minutes after the start of intracarottd infusions, the animals were killed by decapitation and the brains were rapidly removed and frozen.

Autoradiography

The frozen brains were mounted onto pedestals with M-1 embedding matrix, and 20 µm coronal sections were cut with a cryotome. The sections were thawmounted onto cover slips, and autoradiograms were generated by coexposing the sections on Kodak XAR-5 film with tissue-calibrated "C standards for 2 weeks. After exposure, the sections were stained with thionine for correlation of areas of histologically verified tumor autoradiograms. Quantitative analysis was performed using a computer-assisted digital image analyzer at the Laboratory of Neuro-Imaging, University of California School of Medicine, Los Angeles. A unidirectional blood-to-brain transfer constant, Ki, was calculated using the method described by Blasherg, et al.,6 and was expressed in al/gm/min.

In Vitro LTC. Binding

To determine specific binding of 'H-LTC4 to rat brain ussue and RG-2 turnors in vitro, brains from rats with and without RG-2 tumors were removed, frozen, and cut in 20-um coronal sections using a cryotome. The sections were separated in an alternate fashion to obtain adjacent sections to subtract nonspecific from total binding images. Specific 'H-LTC, binding images were obtained by subtracting nonspecific binding images from total binding images pixel by pixel, using a digital image analyzer. The sections were placed in a dessicator and kept in a freezer overnight. The sections were washed twice in ice-cold binding buffer (50 mM Tris-HCl, 10 mM MgCl₂, 5 mM L-serine, 10 mM sodium borate, pH 7.4) for 4 minutes and cool-air dried; they were then immersed into binding buffer containing 2.5 nM 'H-LTC, for 60 minutes at 0° to 4°C with or without 10 aM LTCs, and were again washed in binding buffer and cool-air dried. Autoradiograms were generaten by exposing the sections of 'H Hyperfilm for 2 weeks with tissue-calibrated H standards.

Gamma Glutamyl Transpeptidase Histochemistry

Rat brains with gliomas were fixed in 70% ethyl alcohol and embedded in paraffin. Six-micron sections were cut, deparaffinized, acetone-fixed, and incubated at 37°C for 60 minutes in a gamma glutamyi transpeptidase (7-GTP) reaction mixture of 0.5 mM 7-glutamyl-4-methoxy-2-naphthylamide, 15mM glycylglycine, and 0.05% fast blue BB in 25 mM phosphate buffer (pH 7.2) containing 0.25% dimethylsulfoxide. Sections were then washed with distilled water, rinsed with 0.9% saline for 2 minutes, and placed in 0.1 M CuSO. for 2 minutes. Counterstaining of sections with hematoxylin was performed for 1 minute.

Data Analysis

The K, values for the experiments were calculated by measuring regions of interest in three consecutive sections. Analysis of variance and Student's t-test were applied to the mean values from separate experiments.

Results

Intracarotid infusion of LTC, resulted in a twofold increase in brain-tumor barrier permeability (K.) within tumors which were 3 mm in diameter or smaller, when compared to vehicle alone (mean = standard error of the mean for nine rats in each group: 45.58 ± 6.61 vs. 22.33 \pm 2.35 μ l/gm/min, p < 0.003). There was no significant change in BBB permeability of the insilateral cortex 2.97 ± 1.37 vs. 2.39 ± 1.09 µl/gm/min), contralateral cortex (2.87 \pm 1.36 vs. 2.80 \pm 1.27 μ l/gm/min), or contralateral corpus callosum (2.30 ± 0.92 vs. 0.89 ± 0.53 μ/gm/min). A modest increase in permeability

[†] Radiolaheled LTC, and ALB obtained from New England Nuclear, Boston, Massachusetts.

^{‡ 1°}C standards obtained from Amersham Corp., Arlington Heights. Ninois.

[§] H Hyperilim and 'H standards obtained from Amersham Corp., Arlington Heights. Illinois.

control

Fig. 1. Effect of intracarotid infusion of either leukotrices Ca (olne rats) or vehicle (nine rats) on blood-brain and blood-tumor barrier permeability. Values for the unidirectional transfer constant, K_i, are shown as the mean ± standard error of the mean. BAT = brain adjacent to tumor; Ip CTX = ipsilateral cortex; Con CTX = contralateral cortex; Con CCC = contralateral corpus callosum.

BAT

Tumor

IP ČTX

Con CTX

was seen in the basal ganglia immediately adjacent to the tumors (6.63 \pm 2.05 vs. 0.88 \pm 0.42 μ l/gm/min, p < 0.01) although no tumor infiltration was seen in this area (Fig. 1). In tumors larger than 3 mm, K₄ values ranged between 85 and 95 μ l/gm/min and were significantly not increased by LTC₄ infusions.

The 3 H-LTC₂ binding experiments revealed some specific binding in normal brain (66.15 ± 6.19 fmol/mg tissue at 2.3 nM) but little specific binding in tumors (25.04 ± 3.34 fmol/mg tissue). There was no γ -GTP activity in tumor capillaries in contrast to normal brain (Fig. 2). Preliminary results suggested a slight decrease in γ -GTP levels in some areas of normal tissue surrounding tumors. The LTC₄ infusions did not alter the physiological parameters.

Discussion

Leukotrienes are pharmacologically active compounds that promote vascular permeability. 3.17.18.20 This study demonstrates that the blood-tumor barrier in an experimental glial tumor can be selectively opened by intracarotid infusion of LTC₄ without increasing permeability in the normal cortex or white matter. Clinically, intracarotid LTC₄ infusions could therefore be an extremely useful tool to increase delivery of antitumor moieties within tumors without increasing the concentrations f potentially toxic compounds in normal brain. The mechanism(s) for the selective effect of LTC₄ on capillary permeability in tumors compared to normal brain remains unclear. One possibility could reside in the ability of normal brain capillaries to resist the

K. L. Black, W. A. King, and K. Ikezak

vasogenic effects f LTC. Leukotriene C. will markedly increase permeability in a variety of (noncerebrai) sys. ternic capillary beds. 17.18.21 In prior studies, we have demonstrated that intraparenchymal injections into the brain of high doses of leukotrienes would increase BBB permeability. However, lower physiological doses of LTC, do not dramatically increase permeability in normal brain tissue (unpublished data). Brain capillaries, unlike systemic capillaries, are rich in y-GTP, an enzyme that metabolizes the peptidoleukotrienes LTC4 and LTE, to LTD, and LTF., respectively. High levels of y-GTP are not present in the capillaries of experimental tumors. Theoretically, at physiological concentrations, LTC, could be inactivated by y-GTP in normal capillaries, while nimor capillaries (which lack y-GTP) are susceptible to the vasogenic effects of LTC.

In man, levels of LTC_c are significantly increased in tumors compared to normal tissue and there is a significant correlation between LTC_c levels and the amount of vasogenic edema surrounding these tumors.⁵ If tumor capillaries are also more sensitive to the effects of LTC_c, as the present study suggests, this compound could play an important role in the formation of vasogenic edema surrounding brain tumors. Leukotrienes may also play a role in vasogenic brain edema formation in other pathological conditions where the resistance of normal brain capillaries to the effects of LTC_c may be impaired.

Telologically, the ability of normal brain capillaries to resist LTC4-induced permeability and the inability of abnormal capillaries to do so could be particularly advantageous. Leukocytes, rich in the 5-lipoxygenase enzyme and a major source of leukotrienes, could effectively open capillaries in abnormal areas and enter the brain parenchyma where they are needed while normal areas could resist their effects.

Although high-affinity binding sites for LTC₄ on isolated brain capillaries have been demonstrated. It is not clear whether these binding sites are functional receptors for LTC₄ or whether the receptor is located in a γ -GTP-LTC₄ receptor complex. In vitro binding experiments in this study showed a relative paucity of high-affinity binding sites within tumors. This observation raises several possibilities, including 1) that the binding site is a γ -GTP-LTC₄ receptor complex, which the tumors may lack, or 2) that the mechanism of increased permeability by LTC₄ may not be receptor-mediated. These preliminary binding results do not, however, exclude the possibility of a functional LTC₄ receptor on tumor capillaries since optimal binding conditions may not have been applied.

The increased permeability seen in the basal ganglia adjacent to tumor suggest that capillaries in these areas may also be abnormal. This could relate to rumor angiogenesis or other secondary effects induced by the tumor which may also make capillaries in these areas more susceptible to the effects of LTC. Of interest is the preliminary observation that γ -GTP levels appear

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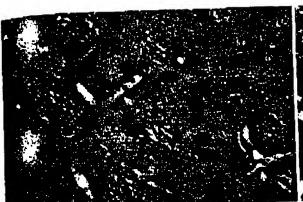
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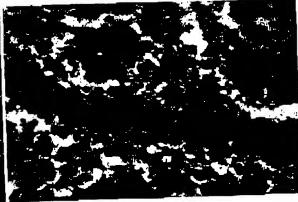


Fig. 2. Histological sections of normal brain (left) and RG-2 rumor (right) stained with gamma glutarnyl transpeptidase (γ -GTP). Little staining is seen in the tumor compared to γ -GTP staining in capillaries within normal brain. Acrows show capillaries in normal brain stained with γ -GTP and a tumor capillary without activity. × 200.

to be decreased in some areas of normal brain surrounding these tumors.

To our knowledge, the observation that the normal BBB may have an enzymatic barrier to selectively resist increased permeability induced by biologically active compounds compared to systemic capillaries is unique. These findings and to our understanding of the biology of BBB in both normal and pathological conditions. The fact that intracarotid infusions of LTC, will selectively open the tumor barrier but not the BBB also has major clinical implications. Since intracarotid infusions of LTC, do not appear to produce any overt toxicity, this agent could be used to selectively increase delivery of a variety of antitumor moieties to tumor cells within the brain without increasing the exposure of normal tissue to the deleterious effects of antineoplastic agents.

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